

8/27/09

Dear Parents / Guardians,

Where has the summer gone? I keep asking that same question as I am getting prepared for another school year. I am probably not the first, but let me extend a warm welcome back. Even though summer is basically in the rearview mirror, I am excited to be back again teaching P.E. at MSW.

Laid out in this letter will be the current gym uniform policy and grading procedures.

**Uniform:** -MSW issued gym shirt and shorts (Hawk shorts are acceptable) are to be worn for gym class.  
-Gym shoes and athletic socks  
-MSW issued Sweat Pants and Sweat Shirt may be worn for class when the weather is cold.  
-No jewelry is allowed in gym class (Written exceptions for newly pierced ears will be allowed with written consent by a parent / guardian releasing myself and MSW of liability should injury occur).

**Participation:** All students are expected to participate in each and every P.E. class. If there is a physical limitation that would result in a student to limit activity, a written note (from a parent of guardian) is required. If a student is unable to participate for an extended period of time, a doctor's note is required. Another note will be needed for that student to return to class activity.

**Grading Policy:** Each student will begin each class with five points. At the completion of the semester, the total number of points that are attempted and earned will be tallied and a grade will be given. Many of the grades will have written tests and papers from time to time. The points earned in said tests will be figured in to the student's final score.

Failure to dress for class will result in the loss of all the day's points and that student will not be able to participate in P.E. class for that day. If a student is lacking a piece of their uniform, they will be able to participate in class, but they will lose a point for each item that is missing.

Students who do not actively participate in class have the possibility to lose points for lack of effort. A verbal warning will be given for sign of lack of effort. The following warning will result in a loss of one point. Third and subsequent warnings will result in the loss of two points until that student has expunged all their daily points and they will have to sit out for the remainder of the class.

Students who display unsportsmanlike conduct in class will result in the loss of points as fore mentioned above. If the violation is severe, the student could face consequences that are stated in the student handbook (Detention, suspension, expulsion).

Students who have an excused absence for illness or funerals will not lose points during the absence. Unexcused absences will result in total loss of points for the day. Unexcused absences include and are not limited to: In-school suspension, behavior issues that result in missing class, vacations, etc.

If there are any questions on anything mentioned above, please do not hesitate to call or talk to me at anytime. My phone number is (847) 825-2500 or e-mail [jchurak@maryseatofwisdom.org](mailto:jchurak@maryseatofwisdom.org).

Once again, thank you for the opportunity to instruct your children in physical education and I can not wait to get underway on our first unit.

In Mary,

Jim Churak