



## Rainbows for All God's Children

October 15, 2009

Dear Parents,

Mary, Seat of Wisdom is pleased to announce that the Rainbows program will begin the week of November 2. We will be having weekly support groups for our children, 1st through 8th grade, who are living in single-parent families, step-families, or families that are going through painful transitions. These weekly meetings will be held at our school at lunchtime or after school depending on the students and facilitators involved.

When something significant happens in a family, the entire family is affected. Even though death or divorce appears to be only a grown-up problem, it does have a profound effect on the children that it touches. If a parent dies or a divorce occurs, not only do the parents grieve, so do the children. Because of their age and short life experience, children find it extremely difficult to verbalize these feelings.

We have some very sensitive and caring adults who have said "Yes" to helping these children put those feelings into words, work through their grief, build a stronger sense of self-esteem, and begin to accept what has taken place in the family.

If your child is part of a single-parent family, step-family, or struggling through a painful experience, this will be an opportunity for him/her to share with a special someone on the outside what is happening on the inside.

Through this support group, we hope to assist your child in expressing and understanding his/her feelings, to feel acceptance for what has happened and to feel a sense of belonging and love.

Please read the attached sheet together, fill out the application form and sign it. Return the form to your child's teacher addressed to Mrs. Scarpino, Room 201, by Friday, October 23<sup>rd</sup>.

Sincerely,

Kathleen Scarpino  
Coordinator



# Rainbows for All God's Children

For Special Young People

Dear Kids,

Suppose...someone told you that you are special? Yet sometimes you feel different because you live in a single parent family or a step family....

Or are you angry because you have so many chores?

Or do you feel you must keep your parent happy, especially when they are sad?

There is finally a time set aside just for you to get together with other kids your age and talk about what is happening in your life.

Fill out the form below if you would like to be part of this special group for all children just like you. Please return it to your teacher by Friday, October 23.

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Name: \_\_\_\_\_ Age: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ Phone: \_\_\_\_\_

Student signature: \_\_\_\_\_

Parent signature: \_\_\_\_\_